



For Immediate Release

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**Collegiate Recovery Program at BridgeValley
Receives \$40,000 in Grants**

The College Recovery Program offers counseling and support to students

(South Charleston, W. VA) - BridgeValley Community and Technical College received \$40,000 from the West Virginia Department of Health & Human Resources (DHHR) and BBHF for the Collegiate Recovery Program (CRP).

Initially, BridgeValley was named the recipient of a \$20,000 grant, and DHHR awarded an additional \$20,000 for Collegiate Recovery efforts. CRPs are college-provided supportive environments within the campus culture that reinforce the decision to engage in a lifestyle of recovery from substance use.

"The funds will allow us to have a full-time Peer Recovery Specialist, build a library of resources for students, faculty, and staff, and hold a variety of recovery activities and meetings," said Carla Blankenbuehler, assistant dean. "We are also able to use some of the funds for trainings in which we will be able to help the students practice mindfulness techniques and more."

Last year, BridgeValley received \$18,405 from DHHR to support its CRP.

Data collected from collegiate recovery programs nationwide show that students in CRPs have

nearly a 90% graduation rate compared with a 61% institution-wide graduation rate (Laudet, 2013). Furthermore, the relapse rate each semester is low, at approximately 4 percent to 8 percent.

For more information, contact Carla Blankenbuehler at carla.blankenbuehler@bridgevalley.edu.
For more information about BridgeValley, visit bridgevalley.edu.

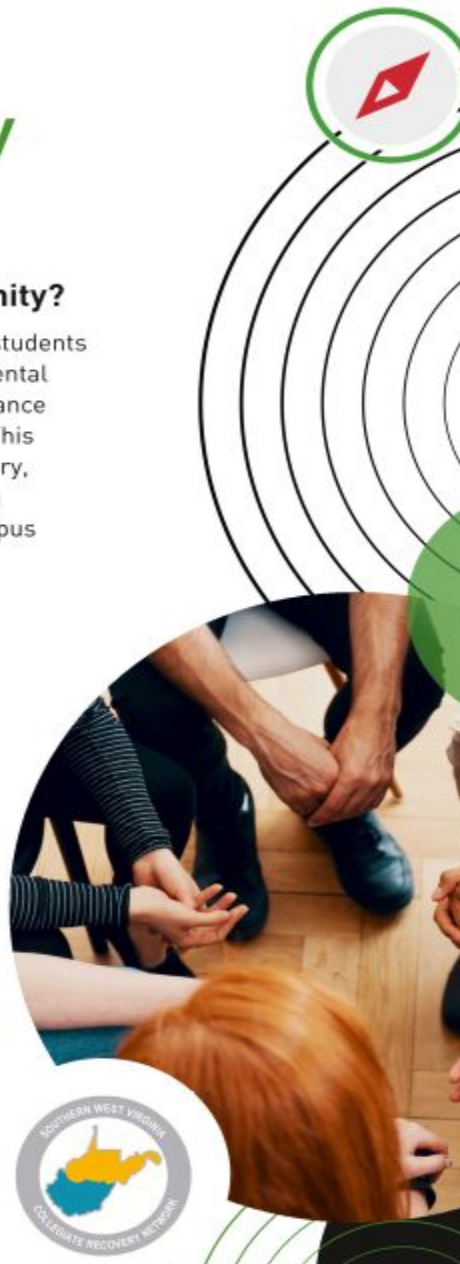
BridgeValley Community and Technical College's **Collegiate Recovery Community**

What is a Collegiate Recovery Community?

A Collegiate Recovery Community offers support to students who are in recovery from any kind of addiction, or mental health challenges including but not limited to, substance use, eating disorders, sex addiction, or depression. This community assists in each individual's unique recovery, encouraging autonomy, providing support increasing academic success, and offering a safe space on campus to process, grow and reflect.

**Join us for a variety of Recovery
meetings and support activities**

For more information, contact:
Recovery@bridgevalley.edu



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About BridgeValley Community and Technical College

BridgeValley Community and Technical College promotes student success, prepares a skilled workforce, and builds tomorrow's leaders by providing access to quality higher education. BridgeValley Community and Technical College will be the college of opportunity for a diverse learner population, offering leading-edge technology, innovative ideas, and dynamic service to our students and our communities. BridgeValley Community and Technical College serves a six-county region including Fayette, Raleigh, Nicholas, Clay, Putnam and Kanawha counties. The college operates two campuses in Montgomery and South Charleston, along with the addition of the new Advanced Technology Center. BridgeValley Community and Technical College is a public institution of higher education independently accredited by the Higher Learning Commission of the North Central Association of Schools and Colleges and a member of the Community and Technical College System of West Virginia.

For more information about BridgeValley Community and Technical College financial aid opportunities, programs of study, workforce training and community education and events, call (304) 205-6600 or; or check the College's website:

<http://www.bridgevalley.edu>